Women's experience of racism: How race and gender interact

The purpose of this fact sheet is to provide easy to understand statistical information and research on how women experience racism, and to provide suggestions for resources and action. We hope it serve as a basic introduction for people with no knowledge of how race and gender affect women's lives. The full version of this fact sheet can be found on our web site: www.criaw-icref.ca/racegender.htm

Anti-racism does not mean pretending that race doesn't exist. It means recognizing racism, effectively and constructively challenging racism in yourself and others, and eliminating racism embedded in public policy, workplaces, and every other area of life.

JOBS/INCOME:

Racism and sexism combine to produce more economic inequalities for racialized women than experienced by either white women or racialized men. Average annual income for 1995/961:

\$31,117 - All Canadian men

\$23,600 - Visible minority men

\$19,208 - All Canadian women

\$18,200 - Aboriginal men

\$16,600 - Visible minority women

\$13,300 - Aboriginal women

Over half or nearly half of some racialized groups of women in Canada are living in poverty: 52% of women of Arab/West Asian [Middle Eastern] ancestry, 51% of women of Latin American ancestry, and 47% of Black women and 43% of Aboriginal women live in poverty. In the case of the first two groups, recent immigration may be a factor. Racialized immigrant women face more roadblocks to employment in Canada: More often than not, foreign university degrees and qualifications and foreign work experience are not recognized, because

Canada has inadequate systems to judge academic equivalencies.2 Although governments invest in English or French as a second language programs, existing programs are inadequate to meet the need. Many women in particular are not receiving



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WHAT THE WORDS MEAN

Visible minority, racial minority, women/people of colour: "Visible minority" tends to be used by the Canadian government, and will be used in this fact sheet when reporting statistics collected by the federal government. These terms do not include Aboriginal peoples. Some people are now using the term "racialized" to refer to this group, to show that "race is socially constructed": For example, in Canada "Irish" and "French Canadians" used to be considered races. There were signs saying "no Irish allowed" and Irish people were discriminated against in employment. Racist hatred has nothing to do with the target groups and everything to do with how dominant groups in a society identify non-dominant groups for discrimination.

Aboriginal or indigenous peoples: "Native" people. This includes First Nations, Inuit, Métis, status and nonstatus Indians.

Racialized: This word has been used in different ways by different people. In this fact sheet, racialized will refer to anyone who experiences racism because of their race, skin colour, ethnic background, accent, culture or religion. In this fact sheet, "racialized" includes people of colour, Aboriginal peoples, and ethnic, linguistic, religious or cultural minorities who are targets of racism. When terms such as "women of colour" are used, it refers only to that group, as Canadian statistics are often collected separately for "visible minority", "Aboriginal" and "immigrant" groups. Racialized women have different cultures, histories, religions, family norms, life experiences, and are subject to different stereotypes. What they have in common is they are racialized - they are subject to racism and made to feel different because of their racial/ethnic background.

Immigrant: An immigrant is someone who moves to Canada intending to stay permanently. Immigrants come from all over the world: Asia, Africa, Europe, North or South America, or Oceania. Immigrants can be white or people of colour, speak English, French or another language as a mother tongue.

Refugee: A refugee is someone who moves to Canada under a special category ("refugee") because they are fleeing persecution or war in their own country.

enough language training to integrate themselves as full participants in Canadian society. Racism is a major barrier to employment: Many employers and managers make assumptions about work habits, suitability of certain types of work and ability to "fit in" on the basis of skin colour, or assume that someone who speaks English or French with a different accent is stupid.3 In the case of Black women and Aboriginal women, long standing policies and practices of racism and marginalization keep almost half (over 40%) of these groups of women living in poverty, compared with 19% of women who are not visible minorities.4 In 1996, 17% of visible minority women in Canada had a university degree compared to 12% of Canadian women who did not belong to a visible minority group. Nevertheless, 15% of visible minority women were unemployed, compared with 9% of non-visible minority women.5

HOUSING:

Racial discrimination in housing is well-documented. Jamaican and Somali immigrants had particular difficulties in finding rental housing, because of perceptions of landlords toward these groups. Race is also a barrier to home ownership. In two studies of Black and White people in Toronto matched for income and family characteristics, found a lower

RACISM AFFECTS:

- housing
- jobs
- self-esteem
- health
- and every aspect of your life.

If you are subject to racism, it may cost you money, a place to live, a job, your self-respect, your health, or your life. Women who experience racism may live through it in a different way from men, and from each other.

rate of home ownership among Black people.⁷ There is also a racist perception that Chinese immigrants in the BC Lower Mainland, for example, are "taking over", particularly certain suburbs like Richmond.⁸ No one seems to feel that white people have "taken over" certain communities, even though all white people in Canada are immigrants or the descendants of immigrants. Research has shown that racialized immigrant women can experience extreme forms of discrimination when finding housing, especially if they are single parents. They are very vulnerable to abuse by landlords.⁹

ACCESS TO JUSTICE:

For racialized women, gender-based violence is not the only type of violence they experience: race and gender combine to increase their likelihood of being assaulted. For example, First Nations woman Helen Betty Osbourne was brutally gang-raped, tortured and killed by a group of white men, and the white townsfolk kept a conspiracy of silence about her rapists and murderers. Because of the documented racism of Canada's police forces, criminal justice system and jails¹⁰ – racialized women may be reluctant to call

MORE WORDS AND IDEAS

Overt racism: Racism can be overt, such as calling people names, beating them up, excluding them on the basis of race or ethnicity. Some companies ask employment agencies for white candidates only.

Covert, subtle or "polite" racism: Lets you know you are different, that the most salient characteristic about you is your race, rather than your personality, your achievements as an individual, or anything else.

Structural racism: Not all racism is as obvious as beating someone up or even secretly excluding someone while being polite to their face. Racism can be structural (it's a part of every aspect of society). Sometimes structural racism in hiring is not conscious or deliberate: People tend to hire people they know, people like themselves, they advertise the job among their own networks. When the majority of people in decision-making positions are white men, they tend to hire other white men. Employment equity programs are supposed to get companies and government departments to expand their networks, to ensure racialized communities hear about job opportunities, to give them a fair chance, and to introduce anti-discrimination policies and workshops in the workplace.

police in cases of domestic assault out of loyalty to their family and community, not wishing to fuel racist stereotypes about their community, or to subject themselves or family members to a racist system. Refugees from places in which police forces, military and the government were involved in

"BUT ALL THAT IS IN THE PAST. WHY CAN'T WE FOR-GET ABOUT IT?"

It's obviously not in the past. Take a look at the statistics about how racism affects access to housing, jobs, health, justice and citizenship. The past also shapes people's experiences in the present. For example, for over a hundred years, a Canadian government policy to assimilate Aboriginal peoples by taking kids away from their families to residential schools where they were punished for speaking their language, practicing their own cultural and religious traditions, and often the victims of physical and sexual abuse, left generations of Aboriginal people without parenting skills, without selfesteem, and feeling ashamed of who they were and hopeless about the future. Survivors of residential schools are still trying

violence against civilians, including organized or systemic rape of women, may have no trust in systems of authority. 11 Aboriginal women are subject to racism in the courts, and are over-represented in Canadian jails, which is a souldestroying experience. Aboriginal women make up over 20% of Canada's female prison population, but only 2% of the female population of Canada. 12 In Canada, you are more likely to be sent to jail if you are poor or racialized. 13 Programs in jail are often not appropriate for racialized women. 14

HEALTH:

Racism itself can cause illness. When people are overtly racist, it translates into poorer health for the targets of racism. ¹⁵ Structural racism can also cause illness and death. Language and cultural barriers mean less access to life-saving medical procedures. ¹⁶ Structural racism leading to less income and social status has a direct impact on health. ¹⁷ Another example of structural racism is using standards developed in research using white men to measure health and health risks, when these standards may not be the same for women, racialized people, and particularly for racialized women.

Some women refugees in Canada have experienced rape during wartime and have seen their children and other family members tortured and killed. This has particular physical and mental health consequences. Some women have been subject to female genital mutilation, which may also pose health problems and isolate them from health

care providers and from women outside their communities.¹⁸

Women tend to be the health guardians of their families, and sacrifice paid work and personal happiness to care for sick relatives. Greater vulnerability to illness and less access to health care and home care services for racialized communities¹⁹ mean more unpaid health care work for racialized women, which can have an impact on their own health.

RACIALIZED SEXUALITY:

Racialized women are often sexualized in racist ways. This is one of the ways racism and sexism can combine. For women of colour, sexual harassment can be racialized. A man might sexually harass a woman of colour by making racist comments or assumptions about her sexuality. Women of Asian

origin are often stereotyped as exotic and obedient. Black women are stereotyped as highly sexual and available.²⁰ It is possible that women of colour face more sexual harassment and may be more vulnerable to sexual assault because of racist stereotypes. In addition, if they are harassed or assaulted, racist stereotypes on the part of the police and the courts mean they may have less access to justice. Racialized women who are lesbian, bisexual or transgendered face homophobia and racism from mainstream society, marginalization from their own communities, and racism, exclusion and stereotyping from movements seeking gay, lesbian, bisexual and transgendered rights.

SCHOOLS:

School curricula tend to erase the contributions of racialized women in building Canada. For example, many Canadians still believe that Canada is made of "two founding peoples" (English and French), and do not learn about

"WHY CAN'T WOMEN JUST JOIN TOGETHER AS A SISTERHOOD INSTEAD OF BRINGING UP THINGS THAT DIVIDE US?"

Kalwant Bhopal says that the idea of sisterhood implies that all women experience the same oppression, but solidarity implies an understanding that the struggles of all women are different, but interconnected.1 Metis anti-racist, feminist activist educator Jean Fyre Graveline discusses the myths that 'skin colour doesn't matter', 'we are all equal', 'we all have equal opportunity to succeed'. She draws on Aboriginal healing methods to show that we are all interconnected, but that we must recognize that people have different privileges which affect how people work together.2 To build a strong women's movement and a strong society, we must face head-on the challenges of racism and how it interacts with many other factors to produce our different life experiences.

the 10,000 year history of Aboriginal women and men on this land, nor about Canada's own history of slavery prior to 1833 and the particular suffering of Black women slaves, nor the interaction of racism and sexism in Canada's old law banning men of Asian origin from employing white women, the trafficking of Aboriginal women as prostitutes by white male Indian agents, or that women of Chinese origin were banned from becoming citizens until 1946, or that Aboriginal women and men did not receive the federal vote until 1960, 42 years after the full federal vote was granted to white women. Where they learn about the contributions of racialized people to Canada, it tends to be of racialized men. In addition, teachers may treat racialized students differently, sometimes without realizing they are doing so. A major factor in racialized students who do not do well at school are the racist low expectations of their teachers.²¹ Both sexist and racist expectations of teachers and guidance counselors can have a profound effect on the lives of racialized girls. A study found that young Canadian-born Black francophone and anglophone women and men living in Montreal also experienced racial confrontations and harassment by fellow students in English and French elementary and high schools.²²

MEDIA:

The media portrayal of white women still leaves a lot to be desired, but the media portrayal of racialized women is worse. Apart from a small minority of racialized women who appear to be

confident, whole people, racialized people in general and racialized women in particular are underrepresented in Canadian television drama and news media relative to their proportion in the Canadian population, and where racialized women do appear, they are often relegated to stereotypical positions.²³

SELF-ESTEEM:

Racism can create feelings of powerlessness and low self-esteem²⁴, which have an impact on health, happiness and life chances.

'WHAT ABOUT REVERSE

CITIZENSHIP AND IMMIGRATION:

RACISM?" Canada claims to have a non-racist, non-sexist immigration system. Why then is there an over-representation of Canadian overseas immigration "Reverse racism" offices in the United States and Europe, when most of Canada's immiis a term mainly grants now come from Asia?²⁵ Canada's immigration system divides used by people to justify their own racism: people into classes: If you have enough money, you can buy your Some people defend way in under the investor class. Canada judges independent white privilege by saying. class immigrants according to a point system, which gives well such-and-such a group is points for education, and speaking one of Canada's official racist too. The big difference is, languages, for example. This discriminates against because white people, particularly women, because "women have been denied access white men, are over-represented in to education, training and employment opportunipositions of power relative to their proportion in the population, white ties. As a result, most women entering Canada racism against other groups often means are unable to qualify as independent immilost job opportunities, particularly for racialized grants."26 Most women enter Canada as women. There are so few racialized women in sponsored immigrants, which means positions of power that if some dislike white men that they are financially dependent on or not, it has no real effect on white men. Quite their sponsors, usually their husfrankly, after experiencing the horrible effects of racism, the onus is not on racialized women to embrace bands, for a period of ten years. and trust white people, but on white people to stop being It means they do not qualify "Reverse racism" is also used to describe racist. for many social services or employment equity programs, by people who believe this is a programs. It gives hus-"race-based, gender-based hiring system". What these people bands and other do not want to acknowledge is that in the absence of employment sponsors a huge equity systems, there is often an unwritten race-based, genderamount of power based hiring system in favour of white men, which is why white men are over-represented in decision-making positions, despite being of equal over women, intelligence, talent, ambition and willingness to work hard as the rest of the population. Employment equity is not an attack on white men. It is a mechanism to ensure that everyone has a fair chance.

who can be abused and threatened with deportation if they complain. Many women do not know their rights.

DOMESTIC WORKERS:

Some advocates refer to the federal government's immigration Live-in Caregiver Program as "a form of slavery". Women from other countries and regions, particularly the Philippines and the Caribbean, come to Canada because of a lack of economic alternatives in their own countries, in order to send money back to support their children and other relatives. This obligation and lack of choices makes them very vulnerable to abuse of all kinds. Women who come to Canada under the Live-in Caregiver Program must live in their employers' home (which increases vulnerability to sexual assault, eliminates privacy, and means they are on-call 24 hours per day and usually not paid for overtime). They can only work for the employer who is listed on the Employment Authorization (EA) form and cannot take

Racism hurts the country and the world

White people unknowingly experience immediate benefits of racism, such as access to housing and jobs because racialized candidates have been turned down. However, in the end, racism destroys community and individual well-being. Hatred, suspicion, lack of trust, putting up barriers between oneself and others because of race, seeing someone as less than human or peculiar or other, these are the source of a lot of conflicts and problems in the country and in the world. Racial discrimination is also a terrible waste of human resources, which hurts our economy as a whole.

other work. They can only stay in Canada until the date specified on the EA. They are frequently unaware of their rights and employers have threatened them with deportation and other measures to ensure their silence about abusive working conditions.²⁷

HATE CRIMES:

In Toronto there are about 300 overt acts of racism every year, mainly involving vandalism and assault, particularly against Jewish and Black people.

However, these statistics are from before September 11, when there was a huge increase in vandalism and assault of Muslims and people who looked like they might be of Arab origin, as well as bombings and vandalism of Muslim, Jewish and Hindu places of worship. Hate crimes, in terms of being beaten because of your race, ethnicity or religion can lead to injury, permanent disability or death. Hate crimes involving vandalism of places of worship or other buildings or objects identified with a group can leave the community fearful and feeling excluded from society. Women may have particular

"WHAT ABOUT SO-AND-SO WHO'S IN A POSITION OF POWER? DOESN'T THAT MEAN THAT ALL RACIALIZED WOMEN CAN MAKE IT IF THEY WORK HARD ENOUGH?"

A few token racialized women in positions of power does not mean that things are fine and dandy for all racialized women, or that racism and sexism do not exist. A lot of racialized women have worked very hard to get where they are, and a lot of racialized women have worked very hard and not reached their goals because of racist attitudes and structures.

safety concerns, as the targets of sexual as well as physical assault.

Assumptions that reflect gendered racism

ASSUMPTIONS THAT ALL PEOPLE OF COLOUR ARE IMMIGRANTS:

White women who emigrate from the United States or other primarily English or French-speaking countries are often not viewed as immigrants, but as Canadians who were born elsewhere. Women of colour who were born in Canada are often viewed as immigrants, even though they are not. They are asked, "Where are you from?" If they answer, "Edmonton", they are then asked, "No, where are you really from?" They are made to feel like foreigners in their own country.

ASSUMPTIONS THAT RACIALIZED WOMEN ARE NOT FEMINISTS:

Some people assume that women may have certain beliefs and outlooks depending on their racial, ethnic or religious background. Women of South Asian ancestry (including India and Pakistan) are often assumed to want to have only sons. Muslim women who wear the hijab (head scarf) are often assumed not to be feminists, or to be subservient to men. The only way to know what a woman believes is by asking her.

RESISTANCE TO ACKNOWLEDGING RACISM

Most Canadians know that to be racist is a bad thing, so they deny being racist. However, many Canadians continue to hold stereotypes that benefit white people and hurt everybody else in very real ways. Some people think racism is just about a few isolated incidents perpetrated by just a few ignorant individuals. However there have recently been a number of disturbing comments by people with decision-making power over others, such as these examples from early 2002 alone:

- Ontario Finance Minister Jim Flaherty suggested in January 2002 that Aboriginal people were not "real people".²⁹ Flaherty held the purse strings for every initiative in Ontario, and came in second in the leadership race to become Premier of Ontario.
- Saskatchewan Member of Parliament Roy Bailey publicly stated also in January 2002 that Dr. Rey Pagtakhan, the new minister for veterans' affairs, was unsuited for the job because he is "Asiatic".³⁰
- PEI Member of the Legislative Assembly Wilbur MacDonald said in an April 2002 speech that "...the white human race is on a fast track which will destroy us...we're not at the present time keeping up with the numbers of people who are in our society...England for example is being taken over by British West Indies people, France is being taken over by another group of people. It won't be long in the United States...Spanish people will be taking over.... We're going to deteriorate in our population too..."31

Racism is *systemic*. It's not about a few individuals. Racism pervades the structures of our society, such as our government, our schools, the labour market, the immigration system, the justice system, police forces, and so on.

INTERNALIZED RACISM:

Racialized people can also be racist – both in terms of accepting mainstream views about other racial, ethnic and cultural groups, and in terms of believing the repeated racist messages they have heard all their lives. Everyone has a voice in their head that repeats messages about good and bad, right and wrong, from when we were growing up. When someone has grown up with racism, that voice can be internalized, that is, the voice repeats the racist messages throughout life, about not being good enough. It can also harm that person's relationships with people within their community. One example of this is in Beatrice Culleton's book *In Search of April Raintree*, in which two Métis sisters grow up in separate foster homes. One can "pass for white" and the other has darker skin. The lighter-skinned sister, despite her lighter skin, grew up being called "half-breed", "dirty Indian", etc. and was mistreated by her white foster family, while the darker-skinned sister grew up in a M/tis-positive home. The lighter-skinned sister is ashamed to be seen with her darker-skinned sister, and renounces her heritage and wants to "live like a white person". This is internalized racism, and it has an effect on the relationship between the sisters. It is when even some small part of you believes the racist garbage you have heard. It can affect how you live your life. Developing high self-esteem and modeling this for others is a powerful act of resistance.

RACE INTERACTS WITH MANY OTHER FACTORS:

Class/income/occupation/social status; language; physical appearance; culture; religion; ability; sexual orientation; age; immigration status; Indian status; personal background and experience. To find out how, check out our web site: www.criaw-icref.ca/racegender.htm

ACTION:

To find out more about what governments, workplaces, organizations and individuals can do, check out the full version of this fact sheet on our web site: www.criaw-icref.ca/racegender.htm

Resources

For more resources, check out our web site: www.criaw-icref.ca

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Endnotes

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- ²⁴ Josephine Enang, Mothering at the margins: An African-Canadian immigrant woman's experience, *Canadian Women's Health Network* (Spring 2001), pages 7-8: www.cwhn.ca
- Applicants to emigrate to Canada must submit their applications to the Canadian embassy, consulate or commission nearest them. There are six such offices in the United States alone, whereas many Asian countries do not even have one, and India, one of the largest countries in the world, only has one for the whole country. See Citizenship and Immigration Canada, Immigration Processing Missions Abroad: www.cic.gc.ca/english/info/emission.html
- ²⁶ Judy Vashti Persad and Véronica Moreno, *Community development with immigrant women: A resource kit for community educating and organizing* (Toronto: Cross Cultural Communication Centre, 1990) page 21.
- West Coast Domestic Workers Association web site: www.vcn.bc.ca/wcdwa/eng_1.htm "The West Coast Domestic Worker's Association (WCDWA) is an independent organization formed and run by domestic workers and their supporters to help nannies and caregivers with employment rights and immigration issues. The majority of our members are or were domestic workers like you and come from many different places around the world including the Philippines and other South Asian countries, Eastern and Western Europe, Australia and New Zealand, Latin America and Canada."
- ²⁸ Canadian Human Rights Commission, *Annual Report 2001* (Ottawa: CHRC, 2002)
- ²⁹ Canadian Race Relations Foundation, "FLAHERTY: ENOUGH IS ENOUGH: says the Executive Director of the CRRF". News release (Toronto: CRRF, Jan. 22, 2002).
- ³⁰ Canadian Race Relations Foundation, ""ASIATIC" REMARK INAPPROPRIATE A statement from the executive director". News release (Toronto: CRRF, Jan., 2002)

We are interested in what you think:

Have you found this fact sheet useful? How and why? How can it be improved? To give your feedback or order more copies, please contact the Canadian Research Institute for the Advancement of Women (CRIAW), 408 – 151 Slater Street, Ottawa, Ontario, K1P 5H3, Canada. Tel: (613) 563-0681 Fax: (613) 563-0682 E-mail: info@criaw-icref.ca Web: www.criaw-icref.ca

Wilbur MacDonald speaking in the PEI legislature, *Hansard*, Prince Edward Island Legislative Assembly, Third session of the 61st General Assembly, April 19, 2002: www.gov.pe.ca/leg/hansard/2002spring.